



## Gratitude Bingo/Gratitude Prompts

I am grateful for these things that I see....	I am grateful for these things that I hear...	I am grateful for these things that I smell...	I am grateful for these things that I feel...	I am grateful for these things that I taste...
I am grateful for these animals...	I am grateful for these friends...	I am grateful for these family members...	I am grateful for these teachers...	I am grateful for these things in my home...
I am grateful for the experience of....	I am grateful for my ability to....	I am grateful for my focus on....	I am grateful for this part of my personality...	I am grateful for this part of my body...
I am grateful for this challenge because it taught me....	I am grateful that I now understand....	I am grateful that I am capable of...	I am grateful that I can help others in this way.....	I am grateful for my....
I appreciate myself for....	I am grateful that I accomplished...	I am grateful for this person in my life...	I am grateful for this part of nature...	I am grateful for this part of my community...